

Finish it!

How to finalise your dissertation

TARGET GROUP	Doctoral Researchers in the last year of their dissertation	
TARGET	The workshop supports you to be better focused on finishing your PhD and to deal with typical challenges like time management, demotivation. You will learn to do a more realistic time planning and to set suitable goals.	
TOPICS	<ul style="list-style-type: none"> • How to define and set goals • How to motivate yourself and how to deal with demotivation • How to structure the work and the writing process • How to deal with writer's bloc • How to work with your supervisor • Science myths demystified • What are regulations you need to know • If it all does not work: looking for advice 	
TRAINER	Dr. Matthias Schwarzkopf, Training und Coaching, Jena www.karriereberatung-akademiker.de	
VENUE	Max-Planck-Institut für Chemische Physik fester Stoffe, Nöthnitzer Str. 40, 01187 Dresden www.cpfs.mpg.de Max-Planck-Institut für Chemie (Otto-Hahn-Institut), Hahn-Meitner-Weg 1, 55128 Mainz www.mpic.de	
FEE	The Administrative Headquarter will cover the fees for the speaker. The institute needs to cover your travel expenses. Please note: Permission from your supervisor must be obtained before applying.	
NOTES	VA-Nr. 1118: Registration for this seminar starts 01.02.2019! VA-Nr. 1119: Registration for this seminar starts 01.09.2019! Terms and conditions for the participation are included at the end of the brochure.	
MAXIMUM NUMBER OF PEOPLE	12	
REGISTRATION AND CANCELLATION	Angelika Molkenthin	angelika.molkenthin@gv.mpg.de

V-NR.	TERMIN VON	UHRZEIT	BIS	UHRZEIT	VERANSTALTUNGSORT
1118	15.05.2019	10:00	16.05.2019	13:00	Dresden
1119	14.11.2019	10:00	15.11.2019	13:00	Mainz