# How to prepare and do your status review consultation

Making the most out of your 4 years postdoc review

#### TARGET GROUP

Postdocs

#### TARGET

According to the Guidelines for the Postdoc Stage in the Max Planck Society a status review has to be carried out for postdocs in the fourth year after the commencement of the first postdoc position at the latest. Goal of this review is to realistically assess the researcher's own development and prospects of success in relation to the career objectives and to develop alternative career prospects, if necessary. This workshop supports participants to prepare and to do the consultation.

### TOPICS

- What can I expect as outcome of my review consultation?
- What are typical topics?
- How can I prepare myself for the consultation?
- Who could be and how can I find the external scientist for the second consultation?
- What are typical difficulties and how can I overcome them?
- It is all about communication: How to do the consultation?
- If I feel insecure about the outcome: How to make sure I have as clear as possible results?
- When does a talk with an external coach make sense?
- Open time for questions.

#### TRAINER

Dr. Matthias Schwarzkopf, Training und Coaching, Jena, www.karriereberatung-akademiker.de; Dr. Christiane Haupt, MPG, Department for Personal Development & Opportunities

# VENUE

Max-Planck-Gesellschaft – Generalverwaltung, Hofgartenstraße 8, 80539 München www.mpg.de

Max-Planck-Institut für Meteorologie, Bundesstr. 53, 20146 Hamburg www.mpimet.mpg.de

### FEE

The Administrative Headquarter will cover the fees for the speaker. The institute needs to cover your travel expenses. Please note: Permission from your supervisor must be obtained before applying.

#### NOTES

VA-Nr. 1127: Registration for this seminar starts 01.01.2019! VA-Nr. 1128: Registration for this seminar starts 01.08.2019!

Terms and conditions for the participation are included at the end of the brochure.

## MAXIMUM NUMBER OF PEOPLE

12

# REGISTRATION AND CANCELLATION

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V-NR.	TERMIN VON	UHRZEIT	BIS	UHRZEIT	VERANSTALTUNGSORT
1127	27.03.2019	10:00		17:15	München
1128	08.11.2019	10:00		17:15	Hamburg