

Improved reading

Changing the way you read

TARGET GROUP	Postdocs	
TARGET	Reading is the key qualification for academic work and in professional life – we often spend several hours a day with it. Yet, reading training usually stops at Primary school, and nowadays we are all equipped for dealing with the mass of information confronting us. Our priority is text comprehension – which is only possible by increasing speed and developing a flexible reading strategy.	
TOPICS	<ul style="list-style-type: none"> • Analysis of existing reading skills, detection of restricting habits • Exercises for reducing the three main reading faults, partly supported by specially developed technical devices • Introduction and training of new reading techniques and of a flexible reading strategy • Demonstration of the relationship between reading technique and concentration/memory retention • Motivating reading tests, in which participants ascertain their progress in objective figures (among others the Effective Reading Rate) and learn how to implement their new techniques in their everyday work 	
TRAINER	Friedrich Hasse, Improved Reading GmbH & Co. KG, Eppstein	
VENUE	Max-Planck-Institut für Chemie (Otto-Hahn-Institut), Hahn-Meitner-Weg 1, 55128 Mainz www.mpic.de	
FEE	The Administrative Headquarter will cover the fees for the speaker. The institute needs to cover your travel expenses. Please note: Permission from your supervisor must be obtained before applying.	
NOTES	VA-Nr. 1133: Registration for this seminar starts 01.06.2019! VA-Nr. 1132: Registration for this seminar starts 01.02.2019! Terms and conditions for the participation are included at the end of the brochure.	
MAXIMUM NUMBER OF PEOPLE	12	
REGISTRATION AND CANCELLATION	Angelika Molkenthin	angelika.molkenthin@gv.mpg.de

V-NR.	TERMIN VON	UHRZEIT	BIS	UHRZEIT	VERANSTALTUNGSORT
1132	20.05.2019	09:30	21.05.2019	17:00	Mainz