Improved reading
Changing the way you read

TARGET GROUP: Postdocs

TARGET: Reading is the key qualification for academic work and in professional life – we often spend several hours a day with it. Yet, reading training usually stops at Primary school, and nowadays we are all equipped for dealing with the mass of information confronting us. Our priority is text comprehension – which is only possible by increasing speed and developing a flexible reading strategy.

TOPICS:
- Analysis of existing reading skills, detection of restricting habits
- Exercises for reducing the three main reading faults, partly supported by specially developed technical devices
- Introduction and training of new reading techniques and of a flexible reading strategy
- Demonstration of the relationship between reading technique and concentration/memory retention
- Motivating reading tests, in which participants ascertain their progress in objective figures (among others the Effective Reading Rate) and learn how to implement their new techniques in their everyday work

TRAINER: Friedrich Hasse, Improved Reading GmbH & Co. KG, Eppstein

VENUE: Max-Planck-Institut für Chemie (Otto-Hahn-Institut), Hahn-Meitner-Weg 1, 55128 Mainz
www.mpic.de

FEE: The Administrative Headquarter will cover the fees for the speaker. The institute needs to cover your travel expenses. Please note: Permission from your supervisor must be obtained before applying.

NOTES:
VA-Nr. 1133: Registration for this seminar starts 01.06.2019!
VA-Nr. 1132: Registration for this seminar starts 01.02.2019! Terms and conditions for the participation are included at the end of the brochure.

MAXIMUM NUMBER OF PEOPLE: 12

REGISTRATION AND CANCELLATION: Angelika Molkenthin
angelika.molkenthin@gv.mpg.de

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